

SAMPLE MIDDLE SCHOOL STUDENT JOURNAL



You matter.

You matter to those
who love you, those who
depend on you, those who
work with you.

Simply by being born you clear a
space for yourself in the world that
can't be filled by anyone else.

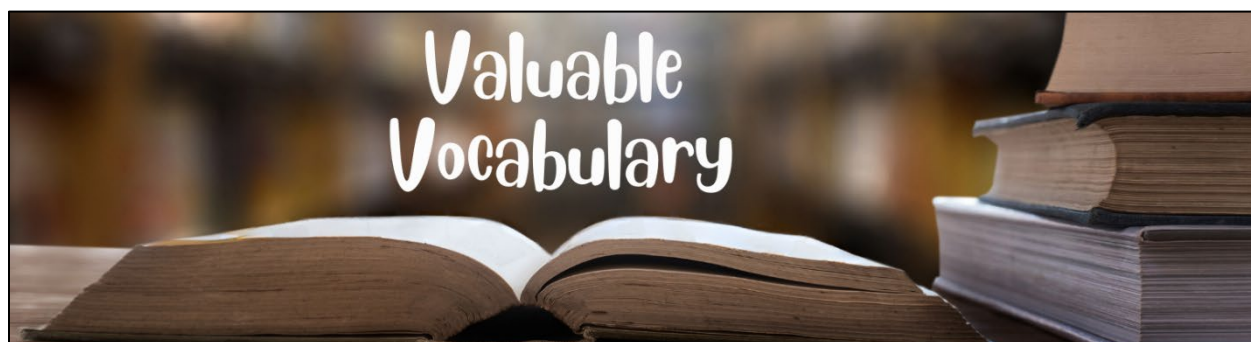
What's more, you occupy a space in
the mind of God—the ultimate
definition of “mattering.”

Janie B. Cheaney

Look at the birds of the air: they neither sow nor reap nor gather into barns, and
yet your heavenly Father feeds them. Are you not of more value than they?

Matthew 6:26

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Research the following words and record the definitions. Use caution as to the source you use. A recommended source can be found at:
<https://weascend.org/resource/k-12-standards-for-optimal-sexual-development/>

Sexual Activity

Abstinence

Consent

Sexual Abuse

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Describe what each letter in the word HALT represents. How can this word help a person that is tempted to look at pornography?

H

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A

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L

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T

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